



## What to Bring to Camp

- Campers should wear their NFC camp T-shirt and comfortable play clothes.
  - Water Bottle
  - Back pack or tote bag
  - Swim Suit and Towel
  - Goggles are recommended
  - Sunscreen
  - Cap/Visor and/or sunglasses are recommended
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- NFC recommends that young campers are not to bring electronic devices (i.e. mp3 players, hand held video games, etc).
  - Campers should not bring personal sports equipment, animals, or any toys from home. NFC will provide the campers with all that they need for their enjoyment.



**Note: Parents of campers need to label EVERYTHING with their child's name. Personal items sometimes disappear and NFC shall not be responsible for lost or stolen items.**

## Lost and Found

A lost and found table will be setup at NFC. Please clearly label all belongings sent to camp.

## Counselors

NFC hires enthusiastic, child-focused staff and neighborhood youths seeking to be positive role models in the lives of children. Each camp counselor has been through our training program in order to work at the NFC Camp program.



## Activities



In general daily activities include: sports, crafts, special events, games, swimming, special guests and more are all part of our NFC camp schedule. Weekly calendars are available on Monday of each week and NFC recommends that parents read calendars for important information regarding the week's activities.



## Recreational Swim and Outdoor Activities

All campers will have the opportunity to swim and participate in scheduled outdoor activities every day, weather permitting.



It is important that parents remind their child(ren) to apply sunscreen often during the day. NFC counselors will be happy to assist the camper in spraying sunscreen on the campers. The certified lifeguards will be hired to monitor all campers during each swimming period.

## Medication



NFC shall have a first aid kit available to all campers and visitors. The first aid kit is located in the main office.

If required, please advise all NFC Camp administrators and directors should your child(ren) need any administering of medication while at the day camp. NFC will first ask that the camper's parent first provide a letter detailing all directions with regards to the required medication (either prescription or non-prescribed over-the-counter medication). It is mandatory that all medication be turned into the camp director each day of camp. It is the parent's responsibility to ensure that all medications are collected immediately after camp.

Note: NFC asks that the medication must be in its original container, with pharmacy label including: child's name and dosage instructions.

### **Accident/Emergency Procedures**

- Parents will be contacted in the event of an emergency or accident. If parents cannot be reached, the director has the authority to call 911. In the event of a major emergency, 911 will be called automatically.
- A camper will only be released to those authorized persons listed on the enrollment form. If someone else is to pick up your child, the parent must contact the NFC camp and give the camp director a written note with the name of the person picking up your child. In case of divorce or legal separation, please notify all NFC Camp administrators and directors in writing when a parent is NOT authorized to pick up your child(ren).
- ALL NFC Camp staff and personnel are required to ID anyone whom they do not know. This includes parents, relatives, and friends. Be prepared to show your picture ID. Anyone obviously under the influence of alcohol or drugs will not be allowed to take a child from the NFC camp.
- Anyone working with children is required to report to the proper authorities on any suspected child abuse.
- NFC staff members will be equipped with hand held radio communication devices for fast, immediate contact for emergency or communication reasons

### **Children's Appropriate Conduct**



It is our intent that each child enjoys the activities planned by understanding that they are responsible for their own actions. NFC expects each camper to have prior knowledge of our basic rules of safety and good conduct, each child is made aware of how to exercise self-discipline.

The NFC staff members are here to assist campers and to use positive reinforcement by consistently acknowledging each camper's good behavior. The expectations listed below are the general expectations we have for all our camp participants:

- Respect for yourself, for others and for property.
- Safety first.
- Listen attentively.
- Be responsible for your words and actions.

NFC Camp has always enjoyed having well behaved campers in the past. However, in cases of negative or inappropriate behavior, the following process will be employed:

- Reasoning and Redirection: Every effort will be made to help the child understand the inappropriateness of her/his action and agree to an alternate form of behavior. Children may be redirected to alternative activities. When the conflict is child-to-child, every effort will be made to have them reason together face-to-face with staff facilitating.
- Removal from Specific Activity: When reasoning has been used and has not changed behavior, removing the child from the activity involved for an appropriate amount of time may become necessary. The denied activity should be related to the misbehavior and the removal shall not be for an excessive amount of time.
- Child/Director Conference: When the Camp counselor is not successful correcting behavior, the Camp director may meet with the child.
- Parent Conference: If the parent needs to be formally involved in the process, specific changes in behavior will be requested with specific consequences for non-compliance.

### **Camper Removal from Program**

If the above steps have not resulted in correct behavior, the parents will be asked to remove the child from the program, at their expense.

## Parent Concerns

The NFC Camp staff is dedicated to developing and maintaining high levels of member service. We want to hear from you if we have not accomplished this goal. Anyone of our camp staff shall always be available to assist you with questions or concerns and shall work with you for a quick and immediate resolution. In the event a concern is not resolved to your satisfaction you may contact the NFC Youth Camp Administrator, Robyn Yim, at (281) 788-7459.

